

NAME _____

AGE _____

RELATIONSHIP STATUS _____ YEARS TOGETHER _____

Naomi Gauthier Berry, MC, LPC
8115 E. Indian Bend Road, Suite 119
Scottsdale, AZ 85250
Phone: 480-427-3553
Email: naomi@naomiberrycounseling.com

Please answer each question as completely and accurately as possible

What are the things you like most about your relationship?

What are the things you most want to change?

How often do you argue?

What do you most often argue about?

Describe your most recent argument. How did it start? How did it end?

When you do argue, does someone end up leaving? Who? How long before they come back?

How long do you stay mad at each other?

Who is the first to attempt to make things better?

Do your arguments get physical?

Who initiates sex most often?

Can you talk openly with your partner about your needs physically and emotionally when it comes to sex? If no, please explain why it feels like you cannot talk openly about sex.

Are you having sex regularly?

How often do you have sex?

If you are not having regular sex, when did you the frequency decrease and what is your understanding of the decrease?

Are your sex drives compatible; are they high, medium, or low?

Are there aspects of your sexual relationship that you would like to change? If so, please explain.

Is sex a painful topic in your relationship? Why?

Do you use intimate sexual contact to repair or reconnect in your relationship? How?

In your opinion, do you feel like things are working mechanically when it comes to your sexual contact?

Do you ever feel forced or coerced into being sexual with you partner? If so, please explain.

Is there anything else about your sexual relationship, your sexual history or your feelings about sexuality that are important for me to know? Yes No
Please list or explain if you can.